

# Derwentside ASC October Invitation Meet 2021



licensed by ASANER 3NE210686

at

The Louisa Centre, Stanley

## **REVISED Schedule for 1 day Meet**

Saturday 9th October 2021

### **Session 1** - Age Group 9 – 12 years

**Warmup 8:30am**

**Start 9:30am**

Event 101	Boys	10/12	100m Butterfly
Event 102	Girls	10/12	100m Butterfly
Event 103	Boys	09/12	50m Freestyle
Event 104	Girls	09/12	50m Freestyle
Event 105	Boys	09/12	100m Breaststroke
Event 106	Girls	09/12	100m Breaststroke
Event 107	Boys	09/12	50m Backstroke
Event 108	Girls	09/12	50m Backstroke

**\*10:15 Break/ 2<sup>nd</sup> Warm Up**

### **Session 2** - Age Group 9 – 12 years (previously session 3)

**Start 11am**

Event 201	Girls	09/12	100m Backstroke
Event 202	Boys	09/12	100m Backstroke
Event 203	Girls	09/12	50m Breaststroke
Event 204	Boys	09/12	50m Breaststroke
Event 205	Girls	09/12	100m Freestyle
Event 206	Boys	09/12	100m Freestyle
Event 207	Girls	09/12	50m Butterfly
Event 208	Boys	09/12	50m Butterfly

*(Session 2 is due to finish approximately \*12 noon)*

**Lunch break 12 – 1pm**

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## **Session 3 – Age Group 13 & Over** (previously session 2)

### **Warmup 1 pm**

### **Start 2pm**

Event 301	Boys	13/Ov	100m Butterfly
Event 302	Girls	13/Ov	100m Butterfly
Event 303	Boys	13/Ov	50m Freestyle
Event 304	Girls	13/Ov	50m Freestyle
Event 305	Boys	13/Ov	100m Breaststroke
Event 306	Girls	13/Ov	100m Breaststroke
Event 307	Boys	13/Ov	50m Backstroke
Event 308	Girls	13/Ov	50m Backstroke

**\*2:45pm Break/2<sup>nd</sup> Warm Up**

## **Session 4 - Age Group 13 & Over**

### **Start 3:30pm**

Event 401	Girls	13/Ov	100m Backstroke
Event 402	Boys	13/Ov	100m Backstroke
Event 403	Girls	13/Ov	50m Breaststroke
Event 404	Boys	13/Ov	50m Breaststroke
Event 405	Girls	13/Ov	100m Freestyle
Event 406	Boys	13/Ov	100m Freestyle
Event 407	Girls	13/Ov	50m Butterfly
Event 408	Boys	13/Ov	50m Butterfly

*Session 4 is due to finish approximately \*4:45 pm*

\*These timings are approximate times for guidance.

**THIS MEET WILL RUN UNDER THE POOL OPERATOR COVID-19 GUIDANCE  
IN PLACE AT THE TIME OF THIS MEET**