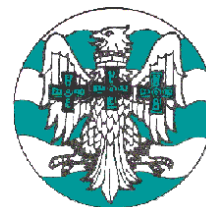


Derwentside ASC Development Meet 2023



(Licensed by ASANER - 3NE230440)

at

The Louisa Centre, Stanley
4th – 5th March 2023

Saturday

Session 1

Warm up: 8:00am Start: 9:00am

Event 101	Boys	10/Ov	200m Butterfly
Event 102	Girls	9/Ov	50m Freestyle
Event 103	Boys	9/Ov	100m Breaststroke
Event 104	Girls	9/Ov	200m Backstroke
Event 105	Boys	9/Ov	100m Butterfly
Event 106	Girls	9/Ov	50m Breaststroke
Event 107	Boys	9/Ov	200IM

Session 2

Warmup TBA

Event 201	Girls	11/Ov	400IM
Event 202	Boys	9/Ov	50m Backstroke
Event 203	Girls	9/Ov	200m Breaststroke
Event 204	Boys	9/Ov	100m Freestyle
Event 205	Girls	9/Ov	100m Backstroke
Event 206	Boys	9/Ov	50m Butterfly
Event 207	Girls	9/Ov	200m Freestyle

Sunday

Session 3

Warm up: 8:00am Start: 9:00am

Event 301	Girls	10/Ov	200m Butterfly
Event 302	Boys	9/Ov	50m Freestyle
Event 303	Girls	9/Ov	100m Breaststroke
Event 304	Boys	9/Ov	200m Backstroke
Event 305	Girls	9/Ov	100m Butterfly
Event 306	Boys	9/Ov	50m Breaststroke
Event 307	Girls	9/Ov	200IM

Session 4

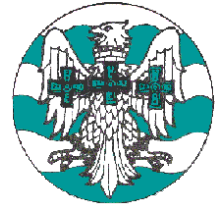
Warmup TBA

Event 401	Boys	11/Ov	400IM
Event 402	Girls	9/Ov	50m Backstroke
Event 403	Boys	9/Ov	200m Breaststroke
Event 404	Girls	9/Ov	100m Freestyle
Event 405	Boys	9/Ov	100m Backstroke
Event 406	Girls	9/Ov	50m Butterfly
Event 407	Boys	9/Ov	200m Freestyle

Entries CLOSE at 12 noon on Monday 13th February 2023

or earlier if the Meet becomes full

Derwentside ASC Development Meet 2023



Meet Conditions

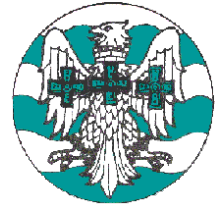
1. Held under ASA Laws & ASA Technical Rules.
 2. Meet to be held at The Louisa Centre, Stanley – the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available. No external starting strobe facility will be available.
 3. Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
 4. Entries are now open and will be accepted until 12 noon on **Monday 13th February 2022 or Earlier, if the meet becomes full sooner.**
 5. Swimmers will be permitted to compete for only one club during the meet.
 6. If necessary, entry times should be converted to 25m pool times by use of ASA Conversion Tables.
 7. Entry times must be **no faster** than the accompanying QTs and should be from Rankings (*no earlier than 1 January 2021*), if there is NO event time listed on Rankings, a coach approved estimated time should be entered – Entries with NO time entered (i.e., entered as YES) **will be rejected.**
 8. Ages are as of 5th March 2023.
 9. Age groups/Events will be:
9 years: 50m, 100m and 200m form strokes; 200IM (excluding 200m Butterfly and 400m IM)
10 years: 50m, 100m and 200m form strokes; 200 IM; (excluding 400IM)
11years & Over: 50m, 100m and 200m form strokes, 200IM; 400IM

All events will be Heat Declared Winner by Age Group (see item 14).
 10. Entry fees: £6.50 per swim. (No Poolside Entries will be accepted).
 11. Heats will be seeded by submitted entry times from slowest to fastest. All heats will be spearheaded.
- The organisers reserve the right to limit entries. If the event is oversubscribed, entries will be rejected from the **FASTEST** swimmers fairly across all age groups to ensure completion of the meet within the scheduled session timescale of approximately 3 hours and any Covid restrictions in place at that time.
12. Awards will be made to the first six in each age group: 9 ,10 and 11; the first three in 12, 13, 14 and 15/Over.

Awards for the first three disability swimmers will be made in each event. Positions are determined based on relative Multi-classification points rather than time.

Derwentside ASC

Development Meet 2023



15. For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
16. Swimmers are **NOT** allowed to wear Watches, Fitbits or any other Timing devices.
17. Disability swimmers:
 - a. Swimmers with a disability shall swim under IPC Rules;
 - b. Qualifying times for disability swimmers are not required, however qualifying time shall be submitted for seeding of heats;
 - c. Poolside passes will attract the advertised fee and chaperones and personal care assistants must conform to the Swim England Child Protection Procedures and hold a current DBS Certificate: **Please advise the club in advance if any swimmer requires support to get changed so a changing room pass can be arranged.**
 - d. The competition format will be based on disability inclusion within the able-bodied programme – there will be no separate events for disability swimmers;
 - e. Disability swimmers will be included in the results for their age group.
18. Admission of Spectators will be in accordance with The Pool Operator Guidance in place at the time of the meet and MAY BE restricted.

Admission for spectators will be: -

£4 a session or £6 per day

Weekend Pass £10

50p start sheets per session.

Concessions - £3 a session, £4 per day.

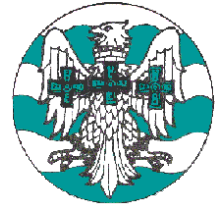
Children 12 and under -accompanied by adults, will be admitted free.

Admission for Spectators can be made via payment card, our preferred payment method.

19. The use of image-capturing equipment (Still or Video) during the meet in the pool, changing and spectator area for any reason, including educational, is **STRICTLY FORBIDDEN**. Anyone found acting contrary to this policy will be reported and may be subject to further action.
*Only an officially designated photographer will be permitted on poolside.
20. Swimmers and parents are not permitted on the stairways down to poolside as these are for official and emergency use only.
21. Derwentside ASC will **NOT** be responsible for any unaccompanied swimmer on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e., a DBS (CRB) checked adult with a coach's pass.
22. Within the pool area and changing rooms, swimmers are the responsibility of their club coach/team manager. Swimmers who **EXIT** the pool and changing area are the responsibility of their parent or guardian.
23. Anyone found damaging or misusing property or equipment or displaying anti-social behavior at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the pool management. Any swimmer banned from the

Derwentside ASC

Development Meet 2023



poolside by the referee or pool management, because of their unacceptable behaviour, shall not be given a refund and may be banned from all future meets at the venue.

24. Swimmers leaving the pool area **MUST wear a top, shorts and footwear.**
25. Only pool staff, swimmers, coaches, officials, and authorised club volunteers are allowed in the changing area and on poolside – a poolside wristband or ASA pass must be worn at all times and **coaches and authorised club helpers should wear an identifying club top/ID Badge.**

Parents are NOT permitted in the changing area and will be requested to leave.

26. Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded AM heat start lists will be produced the evening before prior to the start time of the session. Complying with this condition will keep the number of empty lanes to a minimum.
27. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete.
28. NO hot drinks are allowed on poolside.
29. Derwentside ASC and Durham County Council cannot be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers (50p refundable) in the changing rooms and not to leave belongings unattended in the changing area or on poolside.
30. Full results will be posted externally (Derwentside ASC website, ASA Rankings and possibly competing club websites) – entering the meet is acceptance of this point.
31. The Lead Referee will be - Chris Johnston: ndofficials@gmail.com
32. Any points not covered here will be at the discretion of the meet organiser's.

Derwentside ASC Development Meet 2023



Swimmers must NOT have swam faster than the times below:

GIRLS

EVENT	9 years	10 years	11 years	12 years	13 years	14 years	15/Over
50 Freestyle	No Upper Limit						
100 Freestyle	01:16:50	01:12:20	01:09:50	01:05:20	01:03:50	01:01:00	00:58:50
200 Freestyle	02:40.00	02:32.00	02:28.00	02:21.20	02:17:00	02:14.00	02:09.00
50 Breaststroke	No Upper Limit						
100 Breaststroke	01:38:80	01:36:80	01:34:30	01:28:00	01:24:50	01:20:00	01:18:00
200 Breaststroke	03:30.00	03:20.00	03:16.00	03:11.00	03:05:00	02:48.00	02:45.00
50 Butterfly	No Upper Limit						
100 Butterfly	01:28:00	01:25:00	01:21:00	01:17:00	01:11:00	01:09:00	01:05:00
200 Butterfly		03:16.00	03:08.00	02:50.00	02:44.00	02:34.00	02:29.00
50 Backstroke	No Upper Limit						
100 Backstroke	01:24:20	01:21:70	01:18:20	01:16:30	01:14:20	01:10:70	01:08:20
200 Backstroke	02:52.00	02:50.00	02:42.00	02:37.00	02:34.00	02:25.00	02:21.00
200 IM	03:00.00	02:56.60	02:50.00	02:39:60	02:36:60	02:32:00	02:28:00
400 IM			06:00.00	05:40.00	05:24.00	05:12.00	05:00.00

BOYS

EVENT	9 years	10 years	11 years	12 years	13 years	14 years	15/Over
50 Freestyle	No Upper Limit						
100 Freestyle	01:20:50	01:12:50	01:08:50	01:05:20	01:02:10	00:59:50	00:56:50
200 Freestyle	02:40.00	02:30.00	02:25.00	02:20.00	02:15.00	02:08.00	02:04.00
50 Breaststroke	No Upper Limit						
100 Breaststroke	01:40:30	01:34:80	01:30:30	01:25:80	01:18:50	01:14:00	01:10:00
200 Breaststroke	03:30.00	03:24.00	03:11.00	03:00.00	02:50.00	02:35.00	02:29.00
50 Butterfly	No Upper Limit						
100 Butterfly	01:25:00	01:20:00	01:18:00	01:15:00	01:09:00	01:05:00	01:01:00
200 Butterfly		03:05.00	02:58.00	02:52.00	02:42.00	02:34.00	02:27.00
50 Backstroke	No Upper Limit						
100 Backstroke	01:25:20	01:21:00	01:16:20	01:13:00	01:09.00	01:03.20	00:59:00
200 Backstroke	02:48:00	02:45:00	02:40:00	02:35:00	02:30:00	02:20.00	02:14.00
200 IM	03:00.00	02:56.60	02:50.00	02:39:60	02:34:60	02:28:00	02:23:00
400 IM			05:40.00	05:20.00	05:04.00	04:52.00	04:40.00